

The following items should be discussed with the patient prior to the performance of the breast implant procedure.



General Information:

- Description of alternative operative procedures
- Preferred technique and why - *submam* *old scars*
- Available methods of anesthesia/sedation and discussion of surgeon's preference *gent*
- Postoperative recovery time and limitation of normal activities
- Long-term limitations on individual lifestyles, if any

Anticipated Outcome:

- Anticipated size, shape and aesthetics
- Constraints of individual's anatomy
- If asymmetry exists, complete correction unlikely *inframam*
- Location and probable nature of scar (three possible incisions) *periareolar*

The Implants:

- Types available *Textured saline*
- Advantages/disadvantages *water, weight, rippling, feel edge*
- Type to be used and why
- Subglandular vs. submuscular *submam* *Sub G*

Inherent Risks:

- Inherent risk assumed by patient as part of procedure
- Nature and unpredictability of capsular contracture (firmness of breast caused by shrinking scar) and its physical effects
- Treatment options, including open or closed capsulotomy (release of scar by external compression) and risks *X*
- Possible need for future implant replacement
- Uncertain life span of implant including possibility of rupture, leakage or gel migration
- Risk of compromised detection of *early* breast cancer, even with improving mammography techniques
- Rare and unsubstantiated, but possible, relationship to connective tissue disorders such as arthritis
- Possible effects on future pregnancy and nursing
- Possible exclusion for breast diseases by some health insurance carriers
- 10/94* Need for initial mammography prior to breast implantation in patients over 35
- Possibility of late calcification
- Standard anesthesia risks

Complications:

- Infection
- Bleeding requiring return to O.R.
- Hematoma
- Excess or obvious scar
- Changes in nipple sensation *documented*
- Chronic pain *documented*

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- Asymmetry
- Breast indentation with position change
- General disappointment

Economics:

- Costs of procedure
- Responsibilities for possible later revisions or complications
- Even though the risks and complications cited occur infrequently, these are the ones that are particularly peculiar to the operation; other complications and risks can occur but are even more uncommon
- Patient *does* wish to have these described.
- Patient *does not* wish to have these described.

The practice of medicine and surgery is not an exact science. Although good results are expected, there cannot be any guarantee or warranty, expressed or implied, as to the results that may be obtained.

Additional Comments:

"I certify that I have read and understand all of the above and that all the blank spaces were checked or filled in prior to my signature."

Patient Signature Obscured for privacy Date _____

"I certify that I or a member of my staff has discussed all of the above with the patient and have offered to answer any questions regarding the procedure. We believe the patient fully understands the explanations and answers."

Surgeon Signature Obscured for privacy Date *10/17/94*

Initial here when copy is given to patient: _____ Copy placed in chart: _____